Directions to Ultrasound

☐ Ultrasound, Women's Ambulatory Care
Zone B, Level 5

From the Visitor Parking Garage:
- Proceed to Level 2 of the parking garage
- Exit at Level 2, walk through the walkway to the B elevators
- Take elevators to Level 5
- Register at Ultrasound Reception

☐ Ultrasound, Main Department
Zone D, Level 1

From the Visitor Parking Lot:
(Parking Lot #1)
- Please proceed to Zone “D” and the patient elevators
- Go to Level 1
- Exit elevator towards the Ultrasound department
- Register at Ultrasound reception

Date of Examination:
____________________________________
____________________________________

Time of Examination:
__________________________ am / pm
__________________________ am / pm

Please bring your Health Card with you.

Your Next Appointment with:
Dr. ____________________________
Date: __________________________
Time: __________________________ am / pm

Department:
☐ Ultrasound, Women’s Ambulatory Care
Zone B, Level 5

☐ Ultrasound, Main Department
Zone D, Level 1

If you are unable to keep your appointment, please let your doctor’s office know and call Radiology Bookings at 519-685-8500 ext. 58770.

Patient Information

Obstetrical ULTRASOUND

What you need to know.
Frequently Asked Questions

What is Ultrasound?
Ultrasound is a method of using sound waves to obtain images of your baby.

Do you scan my baby in 3D?
No.

Will the ultrasound hurt my baby?
No. Ultrasound is a safe way to look at the baby at all stages of pregnancy.

Why do I need a full Bladder?
A full bladder acts as a window into the body and allows us to see much more clearly.

What does the gel do?
The gel is essential for ultrasound imaging. Air blocks ultrasound beams; the gel prevents air from getting between the probe and your skin.

Preparation for Your Examination

PELVIC
Full Bladder
• 4; 8 oz. glasses of water 1 hour prior to examination
• Please do not empty your bladder prior to examination

PREGNANT 15 WEEKS OR LESS
Full Bladder
• 3; 8 oz. glasses of water 1 hour prior to examination
• Please do not empty your bladder prior to examination

PREGNANT 16-21 WEEKS
• 2; 8 oz. glasses of water 1 hour prior to examination
• Please do not empty your bladder prior to examination

PREGNANT OVER 21 WEEKS
• No prep required

This is a painless procedure. The sonographer will explain the test while it is in progress.

Family Viewing Guidelines

The staff and physicians of Diagnostic Imaging recognize that this is a special time for you and your family. The ultrasound is a medical exam and the Sonographer must:

1) Complete the ultrasound before anyone is brought into the room.

2) We ask that you refrain from asking the Sonographer for any ultrasound results during the scan. Your referring physician can provide you with the results at your follow-up appointment and answer any questions at that time.

Your cooperation with this policy will assist with the efficiency and accuracy of the ultrasound exams for all of our patients.